



Hall of Fame

Club Records

V40 Women

100m		Karen Burles	12.51 secs	2022
200m		Karen Burles	25.54 secs	2022
400m		Karen Burles	62.47 secs	2019
800 m		Susan Francis	2:29.22 mins	2010
1,500 m		Susan Francis	5:00.1 mins	2011
Mile		Susan Francis	5:40.43 mins	2017
3,000 m		Susan Francis	10:52.2 mins	2012
5,000 m		Patricia De Rosnay	20:15.7 mins	2014
10,000 m		unclaimed		
1,500m S/C		Julie Rayfield	6:13.0 mins	2017
2,000m S/C		Julie Rayfield	8:38.5 mins	2017
2,000 m Walk		Mary Holt	13:38.8 mins	2012
100 m Hurdles		Meryl Austin	17.0 secs	2007
400 m Hurdles		unclaimed		
Long Jump		Wendy Lewis	5.07 m	2006
Triple Jump		Meryl Austin	10.43 m	2007
High Jump		Wendy Lewis	1.47 m	2006
Pole Vault		Julie Wilson	2.30 m	2005
Shot Put	4.00kg	Julie Wilson	9.81 m	2009
Discus	1.00kg	Julie Wilson	34.70 m	2011
Javelin	600g	Julie Wilson	28.65 m	2012
Hammer	4.00kg	Julie Wilson	34.24 m	2011
4x100m Relay		no record recorded		
4x400m Relay		no record recorded		