



READING ATHLETIC CLUB

REPORT: Girls Report from our overwhelming YDL victory in Chelmsford - by Daniel Webb



**YDL Southern Premier 2, Lower Age Group (U13/U15)
Match 2 - Chelmsford, 20th May 2017**

Track:

The day began with the U13 sprint hurdles races. Amelia Walsh put in an impressive performance of 11.8 to achieve 2nd place, Amelia also competed in the 75m B-string which she won in a time of 10.7 and went on to finish her day with an excellent t run in the 4x100 relay which finished 1st. Rebecca Mcmenemy also ran in the hurdles gaining 2nd place in a time of 13.4. Rebecca went on to compete in the Javelin which she achieved a new PB securing 2nd place.

Next on the track was the U15 girl's hurdles which saw Chloe Eames post an impressive time of 11.9 to secure 2nd place. Chloe also competed in the 100m later in the day achieving a new PB of 13.2 for 2nd in the B-string. Chloe also put in a great performance in the 4x100 relay which finished 4th overall. Also in the hurdles was Ellie Pickford who ran an excellent race achieving a new PB of 12.5 securing 2nd place.

Next on the track was the U13 150m, where Topaz Samuel put in an excellent time of 20.5 to take 1st in the A string, topaz also put in strong performances in the HJ, 75m and the 4x100. Georgina Ashby also ran in the 150m securing a great performance of 21.8 for 3rd, Georgina also put in solid performances in the HJ, LJ and 4x100 relay.

The U15 200m followed this where Liani Thompson ran a time of 27.8 in the A-string which combined with her 100m and 4x100 performances made for a successful day all round. Also in the 200m was Fatou Gaye who also competed in the 100 n/s, javelin and the 4x100 relay.

The 800m were next and Jemima Crocker achieved 3rd place in the U13 A-string with a time of 2:40.7 and Clara Maynard also achieved 3rd place in the B-string in a time of 2:44.3. In the U15 800m, Tessa Weavers had a great run finishing 3rd in the A with a new PB of 2:24.7 and Renée Whalley also put in a solid performance of 2:31.0 for 2nd in the B whilst also running well in the 4x300 relay later in the day.

Following the 800m was the U15 300m which saw Paige Mills achieve a time of 46.6 and also produce a great run in the 4x300. Also in the 300m was Rosanna Ercilla who ran a time of 46.6 and then went on to provide a strong performance in the 4x300. The 1200m was the next on the track and Evie Elson secured a time of 4:27.3 and Ella Newman in the B string with a time of 4:27.4.

Following this race was the 1500m where Nicola Lee ran a great race achieving a New PB of over 8 seconds with a time of 5:00.1 and Naomi Harris ran in the B-string achieving 2nd with a time of 5:13.7.

Field:

Kicking off the field events was the U15 girls long jump where Charlie Harrison-Moore had an excellent competition finishing with a PB of 4.62, Charlie went on to secure another PB in the HJ with a jump of 1.40 for 3rd in the A string. Daisy Weiser came 3rd in the B string with a jump of 4.29 and also produced a fantastic performance and new PB of 2.30 in the Polevault to take gold in the B-string.

Following this positive start the girls hammer was next where Abi Mallett put in a performance very close to her PB with a distance of 32.35 for 2nd place in the A, Abi also stepped out of her comfort zone to provide an excellent run in the 4x300 later in the day. Anjelina Manase was in the B-string and achieved a great performance of 18.39 for 2nd. Anjelina went on to secure 2nd in the A-string with a throw of 24.74 and also performed well in the shot with a throw of 8.28.

Emily Scrivener achieved 2nd place in the A-string Polevault with a jump of 2.30. Next was the U13 shot where Samaia Dhir won the A-string with a throw of 9.37 and also came 2nd in the Javelin later in the day. Akyra Hollyfield competed in her first ever YDL competition achieving a great 2nd place finish in the B-string shot and also provided a superb performance in the 4x100 relay.

The U15 discus saw Hollie Cranmer put in an excellent performance achieving an over 2.50 metre PB to take 2nd place in the B-string with a throw of 17.40, Hollie also put in a great performance in the Javelin with a new PB of 18.58 and jumped a solid 1.25 in the HJ to conclude her successful day. Also in the shot was

Ellie Gilder who achieved a throw of 7.21 in the B-string, Ellie also ran in the 100m achieving a time of 13.7 and went on to provide a superb run in the 4x100 relay.

Overall the Chelmsford match was another fantastic YDL match that has built on the great start we made at the Reading match. Our Final match score was 592.50 points which was nearly 100 points clear of Tonbridge in second.

Done LAG SOUTH Prem2 R2 20May2017.pdf

1 of 17	Team Name	Points
1	Reading AC	592.50
2	Tonbridge AC	498.00
3	Croydon Harriers	482.50
4	Herne Hill Harriers	474.00
5	Chelmsford AC	467.00
6	Bedford & County AC	381.00

Finally, a massive well done to everyone that competed, you all performed superbly and I look forward to the next match at Tonbridge on the 18th June.

Well done,
Dan

