

**READING ATHLETIC CLUB** competes in a number of different leagues which ensures that we compete with Clubs from all over the Country and thus enjoy a good level of competition for all our teams which is as good if not better than most other Clubs in Berkshire. The leagues we currently compete in are:

UK Women's League Division 4  
BAL National Men's League Division 4  
Southern Men's League Division 1  
Southern Women's League Premier Division  
Young Athletes League Southern Premier Division  
National Junior League Brent Division  
Alder Valley Boys League  
Alder Valley Girls League  
Southern Vets League Western Division  
Hampshire Cross Country League  
Berkshire Sports Hall League

**READING ATHLETIC CLUB** was established in 1881 and over the years we have had many County, National, International, Commonwealth and Olympic Champions who have been or still are members of the Club and we are very proud of our long and successful history. In our 125<sup>th</sup> year a History of the Club was written by Brian Bacon and just some of the names mentioned in that history are Harry Whittle, E.H. Oliver, W.E.N. Breach, Ann Packer, Beverley Callender, Kathy Cook, and Gerry Stevens to mention just a few. Some of these still hold Club records one of which the Senior Men's Long Jump record was set as long ago as 1937. Our current members are continuing our fine tradition of producing champion athletes.

## USEFUL WEBSITES

**READING ATHLETIC CLUB**  
[www.readingac.com](http://www.readingac.com)

**ENGLAND ATHLETICS – the National Governing body for the sport**  
[www.englandathletics.org](http://www.englandathletics.org)

**UK:ATHLETICS – oversees the development and management of the sport**  
[www.uka.org](http://www.uka.org)

**SPORT ENGLAND – brand name of the English Sports Council which distributes lottery funds to sport**  
[www.sportengland.org](http://www.sportengland.org)

**SEAA - South of England Athletic Association – governing body for the sport in the South of England**  
[www.seaa.org.uk](http://www.seaa.org.uk)

**CLUBMARK –** [www.clubmark.org.uk](http://www.clubmark.org.uk)

**SPORT READING – for details of sporting activities in Reading Borough**  
[www.sportreading.co.uk](http://www.sportreading.co.uk)

**BERKSHIRE SPORT – provides support to coaches, clubs and volunteers in the county**  
[www.berkshiresport.com](http://www.berkshiresport.com)



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## READING ATHLETIC CLUB INFORMATION AND FACTSHEET

Palmer Park Stadium  
Wokingham Road  
Reading  
RG6 1LF

Training: Tuesdays 6pm to 8pm  
Thursdays 6pm to 8pm  
Sunday mornings  
Junior Section – Sundays 10.00am

Contact for Club Secretary  
36 Blewbury Drive, Tilehurst  
Reading, RG31 5HL  
Tel: 0118 942 7550

Email:

[christine.bradfield@readingac.com](mailto:christine.bradfield@readingac.com)

September 2010

**READING ATHLETIC CLUB** is managed by the General Council which is elected each year in September at the Annual General Meeting. Some of the current postholders are:

<b>PRESIDENT</b>	Derek Bradfield
<b>CHAIRMAN</b>	John Pearce
<b>GENERAL SECRETARY</b>	Christine Bradfield
<b>MEMBERSHIP SECRETARY</b>	Bob Allden
<b>TREASURER</b>	Richard Nevill
<b>WELFARE OFFICER</b>	Alan Hatch
<b>CHILD PROTECTION OFFICERS</b>	Alan Hatch Jane Herrington/Nicky Cooke

We have a Junior Section for those in years 4 and 5 at School which meets on a Sunday morning between March and October, Further details of the Junior Section are available from the Club Secretary.

All other ages from age 10 in year 6 at School to veteran athletes meet on our usual training sessions on a Tuesday and/or Thursday evening each week at Palmer Park, Wokingham Road, Reading. We also have training sessions on a Sunday morning.

**To apply to join** contact the Club Secretary whose details are on the front of this leaflet or complete the enquiry form which is on our website.

There is a joining fee payable, which includes a Club vest. Members of the Club also pay an annual subscription which becomes due on the 1 April each year. There is a registration fee payable to England Athletics for all competing athletes over the age of 11. Athletes receive a competition licence from

England Athletics following registration by the Club. In addition a Training Fee is payable to the Club at each training session.

**We are an Athletic Club and as such expect all athlete members to train regularly and compete in league competitions if picked to do so.**

We could not run the Club without the volunteers who help us with various tasks – taking training fees, running the Reception and tea bar for example – but we always need more help. If anyone is interested in volunteering to help with any administration jobs, become a coach or official please contact the Club Secretary who would be very pleased to hear from you.

The Club Coaches operate in teams with Coach Team Leaders for most groups. The [Coaching Co-ordinator is Kevin Boyle](#). The coaching groups are currently:

<b>U13's</b>	<b>Sprints</b>
<b>U15's multi discipline</b>	<b>Hurdles</b>
<b>Middle Distance/Endurance</b>	
<b>Horizontal Jumps</b>	<b>Vertical Jumps</b>
<b>Discus</b>	<b>Javelin</b>
<b>Hammer</b>	<b>Shot Put</b>

On joining the Club all members are given a copy of the **Club Handbook** which gives further details of the organisation of the Club, responsibilities and policies. Details of the Track Rules are also provided which must be observed by everyone.

The Club currently does have some sponsorship from Stewarts of Mortimer and we do receive some support from the Reading Post. However, we have considerable outgoings which include the hire of coaches to take athletes and officials to away matches and for the hire of the track and facilities from Reading Borough Council to name just a couple. It is therefore of utmost importance that all members pay their subscriptions when they become due and pay training fees regularly. Without this income we would not be able to function.

All members of the Club receive notification of the Annual General Meeting which members and/or their parents are encouraged to attend. The officers of the Club are appointed at the meeting and any changes to the Rules are considered.

**READING ATHLETIC CLUB** was accredited with **CLUBMARK** in November 2008. Clubmark is the Sport England mark of high quality junior clubs and is awarded to Clubs working with children and young people that comply with minimum operating standards in four areas. All our volunteers who work with children are CRB checked and Coaches and Officials are licensed by England Athletics. If anyone has any concerns about any welfare or child protection issues they should contact the Welfare Officer or Child Protection Officers whose contact details are:

<b>Alan Hatch</b>	<b>0118 940 3717</b>
<b>Jane Herrington</b>	<b>01491 573238</b>